

BLEPHAROPLASTY – Eyelid Surgery

The most visible signs of aging tend to become a nuisance to most people. This natural occurrence prompts thousands of men and women to seek facial rejuvenation. Eyelid surgery (known as blepharoplasty) is a corrective procedure that can reduce dark circles or “bags” under the eyes, remove excess wrinkles, and provide a more youthful appearance to the eyes. This procedure can correct drooping upper lids, puffy bags above and below your eyes, extra –upper-eyelid skin, and hanging lower-lid skin – all features that can give you the appearance of being older and more tired than you feel. Blepharoplasty surgery is often performed in conjunction with other facial procedures such as a face lift or rhinoplasty (nose surgery).

It is one of the very common procedure performed by Dr Gahankari on both women and men. Most People with Asian heritage are also commonly operated for creation of the upper eyelid fold (‘double eyelid’) operation. Elderly people are also common patients because of the impairment of vision, they can get as the curtain like upper eyelid excess skin rests on their eye lashes.

Reasons for Considering Eyelid Surgery:

Dark circles or bags under the eyes.

Excessive skin or wrinkles surrounding the eyelids.

A tired appearance or puffiness due to inherited factors.

Dr Gahankari usually performs blepharoplasty using local anesthesia or General anesthesia. He will assess and mark the excess eyelid skin before the operation. The incisions are made within the natural creases of the eyelids. After the excess skin and muscle is removed along with the fat bulges. He will then suture the incisions with very fine sutures. In case of lower eyelids, excess skin and fat is removed conservatively to prevent the pull on the lower eyelid. In lower eyelids the scars are located just below the eyelash margin. In some instances, laser technology may be used to smooth lower eyelid areas. Newer techniques may include Botox injections to firm fine lines and wrinkles.

The stitches are removed in about 5-7 days. Post-operatively the improvement in appearance is usually noticeable after a week or so when the swelling and bruising have subsided, but it may take up to six weeks for appreciating nice results.

There are risks with all operations and Blepharoplasty is no exception. It is important that your surgeon is a qualified Plastic surgeon. Proper assessment and surgery is the key to good results after the surgery. Documented risks of eyelid surgery include double or blurry vision for a few days, temporary swelling at the corners of the eyelids, and milia (or tiny whiteheads), asymmetry or haematoma. Extremely rare complication of eyelid surgery is blindness.

The healing process for this procedure is slightly longer than most other forms of cosmetic surgery; however, the benefits are long-lasting. Patients will have a more rested and youthful appearance.

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